Visitors often refer to Ombuds Services as an oasis that gives you safety and support to take a deep breath, reflect, process, and plan for a better future.

Any Time, Any Reason

Ombuds Services for Staff is here for you (staff, faculty supervising staff and your co-workers). We listen and provide information to support your success and well-being. We provide a confidential, constructive, and informal process to support you in meeting your challenges and goals while working at UNM.

Some reasons to schedule a visit

There is no wrong time and no wrong reason to contact the Ombuds Office. People often schedule a visit to reflect, problem-solve and strategize about:

- Interpersonal relationships between peers, colleagues, supervisors and supervisees, and others whom you encounter while working for UNM.
- Opportunities for professional growth, performance appraisal, promotion, disciplinary action, planning leaves, changing roles, leaving UNM.
- Any challenge, dilemma or goal that affects work and life at UNM.
- Identity-based harassment, discrimination, abuse of power, bullying, inequitable working environments, inappropriate relationships, unwanted sexual attention.
- Self-reflection about bias, and your personal journey to promote equity.
- Safety issues, working conditions including challenges related to isolation, working remotely, or returning to campus safely.

When to schedule a visit

The sooner you begin to address a concern or goal, the more options you have for pursuing a successful outcome. Ombuds Services is here to support you wherever you may be in that process.

Your personal invitation

We invite you to schedule your own restorative 1:1 visit at your convenience. Just e-mail ombuds@unm.edu to schedule a visit.